



PAPAKAINGA HOMESTEAD

And Services



16 Orahiri Terrace
Otorohanga

General Manager

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Visitors

Visiting hours:

Daily to 8.00 pm or by arrangement after hours.

Parking:

At the front of the building - off Orahiri Terrace. On street parking available.

Visitors book:

Visitors are required to sign the Visitors Book/Register at the entrance ways so that all may be accounted for, should an emergency occur.

Fire Evacuation:

Procedures are displayed at regular intervals on the walls in both lounge and corridors. Please follow the fire wardens' instructions in the event of any emergency.

Hazards:

Please be aware of wheelchairs, mobile scooters, walking frames and wet floors.

Precautions:

To help protect Residents against any infectious illnesses you are requested **NOT** to visit the Home if you are suffering from such illnesses as:- Flu, coughs, colds, vomiting/diarrhea or any other such contagious illness.

We practice strict Infection Control. This includes confirmation at each visit of being symptom free of any illness by the way of signing a declaration upon entry to the Homestead. We request that you sanitize hands with our pumps provided at each entrance whenever you come into the Homestead and again when you leave.

We welcome feedback and look forward to being of assistance to each Resident and their family.

The weeks after the move:

- ◆ Be prepared for “bad days” - your loved one may make negative comments. Be patient, listen and validate their feelings. Avoid dismissing a comment or attempting to reason it away.
- ◆ Remain positive with an upbeat attitude
- ◆ Use the power of music—music has been shown to decrease stress and anxiety
- ◆ Use comfort foods—bring a favourite food item from home, stay for meals if discussed with staff
- ◆ Give your loved one time to settle into their new home before taking them on an outing

Remember it is normal to feel a range of emotions during this time., and it helps to talk with family and friends or maybe even a health professional.

Try to take things easy until you feel your energy levels have risen.

Make a routine for your day which may assist in the early months of this transition period.

Encourage friends to visit for a chat or to ring you regularly.

Communicate openly with the Homestead staff, as we all have the one common goal to help your loved one continue to live the life they choose with our assistance and your love and support.



Welcome to Papakainga Homestead

Papakainga Homestead is a 20 bed community focused not for profit Residential Dementia Care Home. Attached to the Homestead, is a 36 bed Residential Care facility and adjacent a 19 unit Village

Beattie Home was opened in 1988 after being re-commissioned from the local Maternity hospital.

The name “Beattie” being chosen in memory of Dr. Beattie who served Otorohanga for many years

Beattie Home is governed by the Beattie Community Trust (Inc.) and managed by a Registered Nurse, experienced in Aged Care.

The Home is located in the small rural picturesque township of Otorohanga, our “Kiwiana Town” and gateway to the world famous Waitomo Caves. The Home has beautiful garden surroundings and is within walking/wheelchair distance to the township.

Services offered include Dementia continuing care (20 beds), and short term Dementia respite care (2 beds), “Buddy” support and weekly Dementia day programme.

Accommodations are all single rooms with hand basins and toilets. Some rooms have ensuites. We have standard, executive and premium rooms available offering a range of choices to consider. (Please enquire with the Manager).

The Homestead meets all fire and health regulations and is fitted with a sprinkler system. A security service is provided for the safety of both Residents and Staff.

We hold a 4 year Health & Disability Sector Standards Certification and are members of CTCA (Community Trusts in Care Aotearoa) and of NZACA (New Zealand Aged Care Association).

Our vision and mission statement encompasses the Eden Philosophy with Dementia care, which all Homestead Staff are trained

Vision Statement

Supporting older people to live the life they choose.

The Objectives of Delivering Support & Service of Excellence at Beattie Home is by:-

- **Supporting** Residents to be happy and healthy and enjoying their retirement as they choose
- **Encouraging** family/whanau and community involvement in Beattie Home. This is through the regular communication channels of phone/email/letters/cards. Also regular visits and chats (but please make an appointment to ensure the Manager, CNL and/or R/N are readily available to you). Further, a three monthly newsletter helps keep families/NOK up to date and in touch with us all
- **Supporting and training** staff. Ongoing education programmes that include on and off site training for all staff
- **Practice** continuous quality improvement through regular internal and external auditing schedules and analyzing data for feedback, and always looking at Quality Improvement.

The Staff

Staff are made up of Registered and Enrolled Nurses, experienced Caregivers, Activities Staff, Cooks, Administration, House Keeping, Laundry and Maintenance personnel.

Staff receive comprehensive training including but not limited to:-

Eden Philosophy Training	Dementia Care
Aged Care Education	Falls Prevention
Health and Safety	Fire Safety
Infection Control	Treaty of Waitangi Training
First Aid Training	Rights and Advocacy
Food Safety Training	

Dementia and moving into a care home

Everyone's dementia journey is unique and every care partner supporting them has their own limitations. Never compare yourself to other people, rather focus on your own abilities and limitations.

Not everyone who lives with dementia will move into a care facility and even fewer will need dementia level care. But, if your journey does head down this route, then here is some information that you may find useful:

Before moving:

- ◆ Avoid telling your loved one they "need more care"
- ◆ Avoid telling them they are moving into a residential care center in advance—this may cause undue anxiety.
- ◆ Avoid involving your loved one in the planning or packing for the move into residential care—this can become overwhelming
- ◆ Before bringing your loved one into the Homestead, try to make their room homely and simple (familiar bed cover, family photos, TV, radio)
- ◆ Label all clothing and personal items, including dentures—you can have these engraved

The days after moving:

- ◆ Here at Papakianga Homestead we suggest a settling in period with minimal visits for the first two—three weeks in order to help your loved one settle into their new home and routine. Please do not be offended by this, this time can also provide you with some much needed rest to boost your energy levels and feel more relaxed
- ◆ Expect a transition period for both your loved one and your family and remember this may be a challenging time for you both
- ◆ There is no right number of times to visit or how long your visit should be. Depending on your loved ones ease of transition into the Homestead it is best to take things day by day, as some Residents may require time to take a rest and take in their new surroundings and home
- ◆ Take some time for yourself during this period as you also deserve time to rest and recoup after your loved ones transition into their new home

Resident's Property *continued*

Accessories

- * Hearing aids, spectacles, mobility accessories
(Please ensure these are clearly labeled)

Money

- * From time to time Residents need money for outings, hairdresser and extra toiletries. We suggest a fund of \$200 be maintained and kept in the main office for security. To ensure safe keeping, this money is audited regularly.

Medications

- * It is a requirement that medication is blistered packed by the Unichem Pharmacy Otorohanga before admission. This is for safety reasons for Staff and Residents. We also use Medimap for medication, which has our Resident GO, Pharmacist and Papakainga Homestead in contact together

TV's and Radios

- * Residents are welcome to bring their own but ask that you respect other people, so it may be helpful to bring ear-phones for ease of volume control. Wall brackets to fit all size TV's are in place on the walls
- * **Please note** all items of electrical equipment require a certificate of Electrical Compliance for safety reasons. If not, a Resident can be asked to pay for the electrical check.

Meal Times

- * Meal times are mostly encouraged to be around normal routines, but flexibility is supported if a Resident chooses other times. Free foods are available around the clock to meet each individuals needs and requirements

Services

- * 24 Hour care and support based on individual needs
- * 24 Hour access to Registered Nurses with Doctors weekly contact available
- * Nursing care as required
- * Spiritual and Cultural Support
- * Access to Physiotherapy, Occupational therapy and Podiatry services
- * Rehabilitation and organized activities
- * Twice weekly Hairdresser attendance
- * Twelve seater mobility van and two cars are available
- * Transport to medical appointments
(family and whanau may wish to attend appointments and assist with transport)
- * Carer Support/Dementia Respite and Day Programme
- * Advocacy services *(phone numbers are displayed throughout the Home)*
- * Interpreter service *(enquire Manager)*

Requirements

A **Needs Assessment** identifies that Dementia care is needed and the right placement is made i.e. Is Papakainga Homestead suitable for your needs? Your Doctor will refer for a Needs Assessment re: eligibility for Dementia care. This is done through Disability Support Link (DSL) and may also involve an interview with a Social Worker and a Geriatrician at separate appointments.

A **Financial assessment** will indicate if you are eligible for Residential Care Subsidy. Forms for this will be forwarded from Disability Support Link after approval for Dementia care is given. Details of the above can be found in the Ministry of Health and Work and Income Booklets.

It is a requirement that all Residents have an invoked Enduring Power Of Attorney (EPOA) covering Personal Care and Welfare, prior to coming into the Homestead.

Private Residents

If not eligible for Dementia Care Subsidy the cost of full Dementia Care is per month in advance. Some rooms are extra per week e.g. if you have an ensuite room.

Admission

At the time of entry we require as much information as possible from family, carers and the Resident to ensure we can plan and provide the best possible care for each individual.

A number of consents will be asked for with appropriate forms to complete and signed by the EPOA.

Confirmation of payment arrangements will also be required.

Resident's Property

(Please ensure that all belongings are clearly labeled)

Printed labels must be **sewn** into all articles of clothing. Whilst every care is taken with all property we unfortunately can not take responsibility for breakages or other damage.

It is recommended that pure wool garments be avoided because of possible laundry issues.

Insurance of each Resident's personal property is the responsibility of the Resident's EPOA.

Suggestion of what to bring :-

We encourage personal treasures, e.g. ornaments, pictures, photos, radio, TV, clock.

Clothing

- * 4 day wear outfits (stretch fabric is ideal)
- * 4 night attire
- * 6 Underclothing sets
- * Stocking/socks
- * Slippers and non-slip light weight shoes
- * Dressing gown

Toiletries

(Residents/families responsibility to supply/replace)

- * Toothpaste and brush in container
- * Razor, hair brush and comb
- * Shampoo and conditioner
- * Deodorants, perfumes, aftershave, etc.